

4. **Working Over-the-Side Plan**

- a. Purpose. To establish safety precautions for working over the side.
- b. Responsibility. The First Lieutenant is responsible for this program. Guidance is contained in the Shipboard Regulations Manual and the Coatings and Color Manual.
- c. Procedures and Assignments. The following safety precautions will be followed by personnel working over the side.
 - (1) Life jackets will always be worn.
 - (2) Personnel will not work over the side when the ship is underway.
 - (3) All personnel over the side must have a safety line secured to their bodies and tended by a person on deck. The line tender must be present at all times.
 - (4) The person in charge will be responsible for rigging the stages safely and securely, and tending the lines of the personnel over the side.
 - (5) The person in charge will never leave the immediate vicinity of the work over the side and will keep a sharp watch for approaching ships, small boats or anything that might endanger the work party.
 - (6) When a ship or small boat approaches so that the slightest possibility of collision exists, the person in charge will immediately order the work party aboard the ship.
 - (7) Whenever painting, chipping, sanding or wire brushing personnel shall take the following precautions.
 - (a) Proper PPE will be worn at all times while chipping, painting or operating power tools. This includes dust mask, respirator, safety glasses, or goggles.
 - (b) No painting will be permitted in any area in which welding is being performed.
 - (c) All personnel engaged in spray painting must wear protective face masks.
 - (d) Precautions shall be taken to ensure paint, chips, etc., do not enter the water.
 - (8) The person in charge of the work detail is responsible for ensuring the detail is informed and follows the above orders, and for providing personnel protective equipment.

5. **Sewage Spill Cleanup Plan**

- a. Purpose. To minimize the health risks to personnel in the event of a sewage spill.
- b. Responsibility. The Engineer Officer is responsible for this program. Guidance is contained in the Water Supply and Waste Disposal Manual, Safety and Environmental Health Manual and NAVSHIPS Technical Manual.
- c. Procedures and Assignments:
 - (1) The Supply Officer shall:
 - (a) Ensure that Personal Protective Equipment (PPE) is maintained aboard in sufficient quantities to combat a major spill or rupture from any sewage tank

aboard.

- (b) At a minimum the PPE aboard shall include: protective disposable suits, organic respirators to fit a variety of crewmember sizes, gloves, rubber boots, and goggles.
- (2) The Engineer Officer shall:
- (a) Ensure that the affected area is isolated and that the spread of contamination is halted.
 - (b) Ensure that clean up teams are properly attired and using appropriate equipment to recover and dispose of the waste material.
 - (c) Ensure that the Medical Officer is notified that a sewage spill or leak has occurred and follow the direction(s) provided by the Medical Officer.
- (3) The Medical Officer shall ensure that any crewmembers exposed to sewage waste are properly examined, that appropriate medical action is taken, and that the incident is documented in the individual's health record for future reference.
- (a) The Medical officer shall direct all personnel involved in the sewage spill cleanup or repair operations to shower thoroughly before engaging in other operations.
 - (b) The Medical Officer will provide guidance on the cleanup procedures and methods to protect personnel and disinfect the site following a sewage leak or spill.
 - (c) The Medical Officer shall be present for cleaning and disinfecting of food service spaces, living areas, and medical spaces.
- (4) The HAZMAT Coordinator shall ensure that all cleanup materials and waste products are disposed of in accordance with all Federal, State, and Local laws.

6. **Portable Equipment Inspection Procedures**

- a. Purpose. Electric tools improperly used or maintained can cause serious injury or death. These procedures establish guidance for tracking and testing portable equipment onboard HEALY to detect and correct potentially unsafe conditions
- b. Discussion.
 - (1) In the context of this instruction, portable equipment is defined as: devices that have an attached cord, are handheld or frequently handled while operated, and are plugged into an electrical power receptacle. (e.g. drills, soldering irons, buffers, vacuums, drop lights, coffee makers, etc.)
 - (2) Note: Electrical safety checks of personal electrical and electronic equipment are not required, however this equipment is only authorized onboard if UL listed and Double Insulated.
- c. An inspection is required to be conducted quarterly with the following components:
 - (1) The following general preventative actions shall be taken: